5: Hambly E-5 (1929-30) 1934 FP 13 Mbundu FP13

224 764 hollow chamber. I removed a thin slab of stone which formed an entrance to a tomb of this kind and observed within two skeletons lying supine. On the top of the cairns were skulls of animals killed by the hunter. I noted one instance of the burial of a hunter's dog under a cairn of stones.

825 794 Three birds are protected by a prohibition. Esuvi is a bird which has power to steal the souls of the dead, so making them die a second death. As usual, no direct explanation was given concerning this second death, but an explanation came later, quite fortuitously. For instance, an old man said he was sick because esuvi had stolen the spirit of his grandfather. This statement is logical, since welfare depends on a beneficent interest of dead ancestors, and it is evident that dying a second death prevents a spirit from exercising a benign influence over the living. Other protected birds are one which supplies feathers from which the decorations of kings and medicine-men are made, and one whose night cry is a warning of death in a village.

226 In fishing, a division of labor is recognized: men use a rod and line, while women drag baskets against the stream or use poison in slow, shallow water. The night before poison is to be used for fishing, husband and wife must avoid intercourse, since intimacy of this kind would make the fish stay together at the bottom of the river. A man who has prepared his rod and line, by transfixing a grasshopper and attaching it to a thin piece of bark, [339] sings a song which is of the nature of a spell. He says:

> "O fish come and take your good thing.
> Do not send the little fish to spoil the good thing.
> Better you come and take the good thing with all your strength."

439 Up to half a century ago the Ovimbundu were renowned traders whose caravans penetrated deeply into the Congo region and even to the east side of Africa. It is natural, therefore, that some ritual should be connected with [443] such an important enterprise. At the present day caravans may be seen, but these are local, and most of the carriers are found to be taking their maize, beans, and beeswax to traders' stores. I believe women did not accompany the transcontinental caravans of early days, but today women may be seen in line with the other carriers. Their loads are lighter, being on the average thirty pounds as compared with sixty pounds for a man. Children also carry small loads in the caravan.

439 787 [643] Ngonga, my chief informant, said that in former times no caravan leader would set out without having consulted the preserved head of a deceased king. Even at present the corpse of a king is suspended by the neck and twisted until the head is severed. The head is sewn in oxhide and preserved in a box. The ancient caravan custom consisted of taking the box